

# **THE VILLAGE NEWS 2023**

**Wednesday, August 16, 2023**

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## **ANNOUNCEMENTS & SPECIAL EVENTS**

### **SUNSHINE SINGERS ARE BACK!**

The choir has invited all of us to enjoy both their rehearsals and their concerts. Come sing, dance and enjoy music that will touch your soul and your soles! First fall rehearsal is Tuesday, August 29 at 1:30 in the lower level Auditorium and the Fall Concert is Tuesday, October 17 at 2 pm.

### **PEACHES 'N' CREAM SOCIAL Thursday, August 31, 2023 @ 2 pm Cost is \$4 at the door Village Centre, Auditorium**

### **RESIDENT DINING & RESERVATIONS**

Dining has now been opened up to all residents and their family members. Tickets must be purchased at the Administration Office in advance. Please note that previously purchased tickets will be honoured. Advance reservation notice of 24 hours is requested by calling 905-935-6080, ext. 236. Seating will be located at the Nifty Nook Café tables in the Atrium **only**. Arrangements can be made for those who dine in the main dining room to eat with family at the café tables. Take-out will also be an option with advance notice. We look forward to having you and your family join us!

### **SATELLITE MEAL PROGRAM (SMS)**

If you wish to obtain details about our take-home frozen meal program, please pick up the information package at the Administration Office.

## **CLIENT SERVICES**

### **TIMELESS HAIR SALON**

Hair care services are available to all residents at Ina Grafton. Call (905) 935-6080, Ext. 229 (A/B Bldg.) or Ext. 253 (D/E Bldg.) to make personal arrangements. The Timeless Salon in "B" Bldg. is open Wednesdays, Thursdays and Fridays. The "E" Salon is open Thursdays and Saturdays for their respective clientele.

### **ALIGN HOME HEALTH CARE ON-SITE MOBILITY EQUIPMENT SERVICES**

Mobility equipment repair is available on the 2<sup>nd</sup> Wednesday of every month in the "A" Lounge from 10 am until noon. Individual arrangements can be made by calling (289) 786-0088, Ext. 1 and asking for a service representative.

### **NIAGARA MOBILE FOOT CARE SERVICES**

In-home visits are currently available for a fee of \$45 to all residents of NIGGV. Personal arrangements can be made by calling (905) 708-9817. Clinics will start back up again so look for a date to be posted on the bulletin board in your building. Clinic fees are \$35 per visit. A foot care nurse will assess your foot care needs, book you an appointment and provide the required care.

## SEWING & ALTERATIONS BY NADIA

Nadia's sewing and alteration services will be available on-site in the "A" Lounge on pre-arranged dates from 9 am to 11 am, customer dependent. Personal arrangements can be made by calling Nadia at (905) 327-0141.

**The Nifty Nook Gift Shop** – Hours of operation: 10 am to 2 pm, Monday to Friday.

**The Nifty Nook Café** – Come and enjoy a flavoured coffee, herbal tea and a sweet treat with friends or family members Monday to Friday from 10 am to noon. Sundays Noon to 2 pm.



## PROGRAM UPDATES

**Sip 'n' Chat** occurs daily from 2 – 4 pm in the "A" Lounge for residents living in "A/B" Bldgs. Coffee & tea are provided, so remember to bring your own mug!

**Bible Study Class** occurs every Tuesday at 10:30 am in the "A" Lounge. **No July or August.**

**Church Service** occurs on the 3<sup>rd</sup> Thursday of every month in the chapel at 10:30 am by St. George's Anglican Church.

**Catholic Mass** occurs on the 3<sup>rd</sup> Friday of every month in the chapel at 10:15 am by St. Alfred's Church.

**Wiggle Wednesdays** occurs every Wednesday from 1:30 – 2:30 pm in the "B" Bldg., 2<sup>nd</sup> Floor Card Room. **No July or August.**

**NEW Noodles Water Wonders** occurs every Thursday from 1:30 – 2:30 pm in the pool.

**Movie Night** occurs the 1<sup>st</sup> Thursday of every month at 6:30 pm in the lower-level Auditorium.

**NIGGV Bingo** occurs every Friday from 2 to 3:30 pm in the lower level, Elm Room. Come on out for some fun with friends and your chance to win.

**Euchre** occurs every Saturday at 6:30 pm in the 2<sup>nd</sup> Floor Card Room in "B" Bldg.

**Saturday Evening Bingo** occurs every Saturday in the "D" Bldg. Multipurpose Room from 7 – 9 pm.

**Pool** is open Monday to Friday from 8 am to 4 pm for your swimming and exercise needs. Please be aware that this is an adult only therapeutic pool for use by persons 18 years or older. There must be at least 2 people in the pool at all times for security and insurance purposes.

**Bowling Alley** is open from 9 am to 9 pm on a first come first serve basis. Please note there are 4 lanes available.

**Recreation/Fitness Centre** lower level "B" Bldg. is open to all residents. For a one-on-one orientation, please contact Doug Lynn during the months of May and June at 905-935-8064.

**Check out the bulletin boards and elevators for upcoming events and get connected!!**