

THE VILLAGE NEWS 2023

Wednesday, May 3, 2023

ANNOUNCEMENTS & SPECIAL EVENTS

18th ANNUAL NIGGV FOUNDATION GOLF TOURNAMENT

Monday, June 19, 2023

Meridian Credit Union proudly presents Niagara Ina Grafton Gage 18th Annual Golf Tournament in support of the NIGG Foundation at Beechwood Golf and Social House. For more information or to register, contact Jane at 905-327-5167 or jdagg.notl@gmail.com

Meridian Credit Union proudly presents
NIAGARA INA GRAFTON GAGE
18th Annual Golf Tournament
in support of the NIGG Foundation

PLAY
REGISTER AS A TEAM
OR AN INDIVIDUAL

DONATE
\$ OR PRIZES

Beechwood Golf and Social House
Monday June 19, 2023
10:30am Breakfast & Registration
12:15pm Shotgun
4680 Thorold Townline Rd, Niagara Falls, ON L2H 0W2

For more information or
to register contact Jane at
905-327-5167 or
jdagg.notl@gmail.com

REXALL POP-UP STORE

Tuesday, May 9, 2023

Take advantage of this opportunity to get any needed supplies from 10 am to 2 pm in the "A" Lounge. Seniors will receive 20% off all items.

HAT WREATH MAKING WORKSHOP

Thursday, May 11, 2023

Hosted by Laurie Betts and our Activation Department in "A" Lounge from 10 to 11:30 am.

BIJOUX BOUTIQUE VENDOR

Thursday, May 18, 2023

Visit the "A" Lounge from 10 am to 1:30 pm and check out the unique selection of ladies accessories, jewellery & more!

RESIDENT DINING & RESERVATIONS

Dining has now been opened up to all residents and their family members. Tickets must be purchased at the Administration Office in advance. Please note that previously purchased tickets will be honoured. Advance reservation notice of 24 hours is requested by calling 905-935-6080, ext. 236. Seating will be located at the Nifty Nook Café tables in the Atrium **only**. Arrangements can be made for those who dine in the main dining room to eat with family at the café tables. Take-out will also be an option with advance notice. We look forward to having you and your family join us!

SATELLITE MEAL SELL-OFFS

Once again, we are offering run-off entrees from our Satellite Meal Service at a discounted price of \$5 per entrée including a cookie for those of you with that sweet tooth! Entrée choices include cheese tortellini, poached pollock, cannelloni, citrus chicken, chicken fingers, mac & cheese, vegetable chow mein, garden quiche, farmers sausage and chicken a la king. Limited quantities while supplies last. Stop by the Administration Office to place your order.

SATELLITE MEAL PROGRAM (SMS)

If you wish to obtain details about our take-home frozen meal program, please pick up the information package at the Administration Office.

CLIENT SERVICES

TIMELESS HAIR SALON

Hair care services are available to all residents at Ina Grafton. Call (905) 935-6080, Ext. 229 (A/B Bldg.) or Ext. 253 (D/E Bldg.) to make personal arrangements. The Timeless Salon in "B" Bldg. is open Wednesdays, Thursdays and Fridays. The "E" Salon is open Thursdays and Saturdays for their respective clientele. Please note a mask is required.

NIAGARA MOBILE FOOT CARE SERVICES

In-home visits are currently available for a fee of \$45 to all residents of NIGGV. Personal arrangements can be made by calling (905) 708-9817. Clinics will start back up again so look for a date to be posted on the bulletin board in your building. Clinic fees are \$35 per visit. A foot care nurse will assess your foot care needs, book you an appointment and provide the required care.

SEWING & ALTERATIONS BY NADIA

Nadia's sewing and alteration services will be available on-site in the "A" Lounge on pre-arranged dates from 9 am to 11 am, customer dependent. Personal arrangements can be made by calling Nadia at (905) 327-0141.

The Nifty Nook Gift Shop – The Nook is bright & ready for Spring! Come and check out the new selection of clothes and jewellery. There is something for everyone! Hours of operation will be 10 am to 2 pm, Monday to Friday.

The Nifty Nook Café – Come and enjoy a flavoured coffee, herbal tea and a sweet treat with friends or family members Monday to Friday from 10 am to noon. Sundays Noon to 2 pm.



PROGRAM UPDATES

Sip 'n' Chat occurs daily from 2 – 4 pm in the "A" Lounge for residents living in "A/B" Bldgs. Coffee & tea are provided, so remember to bring your own mug!

Bible Study Class occurs every Tuesday at 10:30 am in the "A" Lounge. No July or August.

Church Service occurs on the 3rd Thursday of every month in the chapel at 10:30 am by St. George's Anglican Church.

Catholic Mass occurs on the 3rd Friday of every month in the chapel at 10:15 am by St. Alfred's Church.

Wiggle Wednesdays occurs every Wednesday from 1:30 – 2:30 pm in the "B" Bldg., 2nd Floor Card Room.

NEW Noodles Water Wonders occurs every Thursday from 1:30 – 2:30 pm in the pool.

Movie Night occurs the 1st Thursday of every month at 6:30 pm in the lower-level Auditorium.

NIGGV Bingo occurs every Friday from 2 to 3:30 pm in the lower level, Elm Room. Come on out for some fun with friends and your chance to win.

Euchre occurs every Saturday at 6:30 pm in the 2nd Floor Card Room in "B" Bldg.

Saturday Evening Bingo occurs every Saturday in the "D" Bldg. Multipurpose Room from 7 – 9 pm.

Pool is open Monday to Friday from 8 am to 4 pm for your swimming and exercise needs. Please be aware that this is an adult only therapeutic pool for use by persons 18 years or older. There must be at least 2 people in the pool at all times for security and insurance purposes.

Bowling Alley is open from 9 am to 9 pm on a first come first serve basis. Please note there are 4 lanes available.

Recreation/Fitness Centre lower level "B" Bldg. is open to all residents. For a one-on-one orientation, please contact Doug Lynn during the months of May and June at 905-935-8064.

Check out the bulletin boards and elevators for upcoming events and get connected!!