

VOLUNTEERS

Volunteers are what make a community thrive.

Here at Niagara Ina Grafton Gage Village, we offer numerous opportunities for individuals and families to get involved with our diverse community of seniors.



Volunteers are needed in the SMS Program to help organize and package the frozen meals.

If you or somebody you know is interested in becoming a volunteer, please contact:

Satellite Meal Service

Manager, Food and
Laundry Services
Niagara Ina Grafton Gage Village
Phone: 905-935-6822, ext. 228

Niagara Ina Grafton Gage Village is dedicated to fostering quality of life for our seniors through the provision of services that address the needs of the individual.

VISION

We will strive to ensure that we:

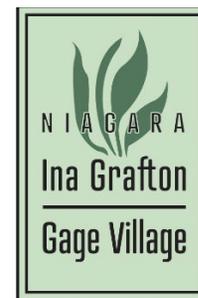
- ✓ Demonstrate leadership in the field of services for seniors;
- ✓ adhere to the principles of quality and affordability; and,
- ✓ reflect the changing needs of the community.

VALUES

Our service is motivated by our concern and commitment to meet the needs of our seniors.

This is demonstrated through our belief that:

- ✓ Individuals are unique, each has worth and is deserving of respect and dignity.
- ✓ Individuals have the right to maintain maximum independence.
- ✓ Individuals have complex physical, psychological, social, cultural, and spiritual needs.
- ✓ Individuals have the right to age in place when possible.
- ✓ Individuals are part of the decision making process that determines which services are appropriate.
- ✓ Quality is integral to everything that we do.
- ✓ Fiscal responsibility ensures the continued provision of services.
- ✓ Our clients are our most valuable resource.
- ✓ Our environment encourages flexibility, creativity, adaptability and tolerance.
- ✓ We are accountable to those we serve.



Satellite Meal Service (SMS)



Niagara Ina Grafton Gage Village

413 Linwell Road
St. Catharines, Ontario
L2M 7Y2
Phone: 905-935-6822
Fax: 905-935-6847
Web: www.niggv.on.ca

WHAT IS SMS?

SMS stands for Satellite Meal Service. Frozen home-cooked meals are prepared weekly for storage in your home freezer.

Each meal comes with heating instructions and is oven-ready for your microwave, toaster oven or regular oven.

This service will enable those it serves to remain more independent in their own homes.



SMS is a volunteer-supported program.

"Working to bring nutritional support to you in your home."

Thank you!

to our Volunteers

WHO CAN BENEFIT?

Convalescents

*

The elderly

*

The physically challenged

*

Those with limited mobility

MEALS INCLUDE

- ✓ 5-6 oz meat portion
- ✓ potato, pasta or rice
- ✓ vegetable

OPTIONS

- ✓ dessert or soup
(packaged separately)

COST

(Prices effective June 1, 2022)

- ✓ Frozen meal: \$6.00 each
- ✓ Dessert: \$2.00 each
- ✓ Soup: \$2.75 each

HOW TO ORDER

by telephone

Call our dedicated order desk voicemail to leave your order.

905-935-6080, Ext. 228
by 4pm on Thursday.

in person

You may complete a form at the Administration Office, NIGGV, before 4 pm on Thursday.

ORDER PICK UP

Pick up order between 9am-noon at NIGGV on the Monday following your order placement.

PAYMENT

cash cheque

or

debit/visa/MC

(with min. purchase of \$20 only)

Please make all cheques payable to
Niagara Ina Grafton Gage Village