



## NIAGARA INA GRAFTON GAGE VILLAGE

### LONG TERM CARE SERVICES MANUAL

<b>SECTION:</b> Organization	<b>NUMBER:</b> LTC-02-02-04
<b>SUBJECT:</b> Position Description - Activation Therapist	<b>PAGE 1 OF 2</b>
<b>DATE OF ORIGIN:</b> May 2000	<b>REVISED:</b> June 2011

#### 1.0 POSITION TITLE

Activation Therapist

#### 2.0 RESPONSIBLE TO

Director of Resident Care (DRC)

#### 3.0 POSITION SUMMARY

Under the supervision of the DRC, the Activation Therapist shall design and implement programs of recreation, leisure, exercise and/or mental stimulation, based on and responsive to the abilities, strengths, needs, interests, and former lifestyles of the residents.

#### 4.0 ESSENTIAL DUTIES AND RESPONSIBILITIES

Within the established policies of the facility, the Activation Therapist shall:

- .1 Plan programs with the resident and/or his/her representative, documenting his/her purpose, goals, and objectives.
- .2 Provide assistance and adaptations to facilitate residents' participation in activities.
- .3 Provide small group programs, and/or individualized activities, for residents not interested/unable to participate in larger groups.
- .4 Plan activities and trips outside the facility.
- .5 Provide individualized and group therapy services based on assessed need of the resident(s).
- .6 Coordinate and integrate therapy interventions with resident's nursing and personal care activities.
- .7 Arrange for relevant assistive devices programs to meet resident's needs for adaptive aids and therapeutic equipment.
- .8 Coordinate and follow-up on therapy services as instructed by a licensed therapist.
- .9 Adhere to all policies and procedures pertaining to the operation of the facility in regard to: infection control; health and safety; personnel practices; internal and external emergencies; residents' rights; and confidentiality.

**REVIEWED:** \_\_\_\_\_  
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- .10 Work in a safe manner by: promptly reporting accidents/illness; seeking out first aid when appropriate; cooperating in health care treatment; cooperating in all aspects of the facility's modified work program; and reporting all unsafe/unhealthy conditions.
- .11 Participate in staff meetings, committees, and in-service education designated by the DRC.
- .12 Interact tactfully and courteously with residents, residents' families, visitors, volunteers, and fellow staff members.
- .13 Participate in Resident Care Conferences, as required.
- .14 Develop and maintain up-to-date Resident Care Plans and RAI MDS as delegated.
- .15 Perform additional duties, as required.

## **5.0 ENVIRONMENTAL FACTORS**

- .1 Exposure to pets, plants, perfumes, cleaning agents, chemicals, dust, and tobacco smoke.
- .2 Unpredictable resident behaviour.
- .3 Exposure to communicable diseases.
- .4 Emotional impact in dealing with residents with deteriorating health.

## **6.0 PHYSICAL DEMANDS**

- .1 Constant (67-100% of shift): standing; walking.
- .2 Frequent (34-66% of shift): pushing; pulling; neck motion; back motion; elbow motion; shoulder motion; gripping; twisting; bending.
- .3 Occasional (0-33% of shift): stooping; reaching; lifting inanimate object (up to 50lbs).

## **7.0 QUALIFICATIONS REQUIRED**

- .1 A Diploma in Recreation/Leisure studies from a community college or university.
- .2 Courses in gerontology.
- .3 Demonstrated leadership and organizational skills.
- .4 Fluent in the English language, both written and verbal.

## **8.0 QUALIFICATIONS DESIRED**

- .1 Three (3) to five (5) years experience in a Long Term Care Facility.
- .2 Good knowledge of community resources.