

## How To Find Us

From the QEW take the Niagara Street Exit north toward the lake. Continue along Niagara Street to Linwell Road, and turn left. The Village is on the immediate right.



## How To Contact Us



Niagara Ina Grafton Gage Village  
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## Welcome to



Where the importance  
of life continues to grow

## Niagara Ina Grafton Gage Village

### History

NIGGV is commonly referred to as the "Village", but back in 1950 it was just a dream for the Niagara Presbytery Women's Association who aspired to build a home for United Church seniors. With a \$25 donation from the Elm Street United Church Women, the challenge to raise the needed funds got underway. Finally in 1957, a tract of land was purchased behind Grantham United Church on Linwell Road. On July 9, 1958 with great fanfare, the sod was turned, and on September 1, 1959, the Ina Grafton Gage Home opened its doors. But how did Ina Grafton get its name? Interestingly, publisher and philanthropist Sir William Gage bequeathed \$18,000 toward the project, and subsequently the home was named in memory of his wife, Ina, and his mother, whose maiden name was Grafton.



From this humble beginning, the Village has grown to encompass 15 acres of beautifully manicured grounds in the north end of St. Catharines and is home to over 400 seniors who live in rental apartments, life lease apartments/bungalows, or in long-term care. NIGGV is dedicated to fostering quality of life for seniors by providing a wide range of services and meeting standards mandated by the Ministry of Health and Long-Term Care. It operates as a not-for-profit charitable organization and has been fully accredited by the Canadian Council on Health Services Accreditation since 2001 in its Long-Term Care and Supportive Housing areas.

### Mission

Niagara Ina Grafton Gage Village is dedicated to fostering quality of life for seniors through the provision of services that address the holistic needs of the individual.

### Vision

- We will continue to meet the needs of the senior, recognizing demographic changes which occur.
- Our leadership will ensure that activities reflect the changing needs of the senior and community.
- Service will be provided to recognize the principles of quality and risk management.
- We will continue to be a leader in the field of service for seniors.

### Values

Our service is motivated by our concern and commitment to meet the needs of the senior.

## Niagara Ina Grafton Gage Foundation

NIGGV operates under a volunteer Board of Directors and receives funding from various government ministries, but it cannot solely depend on these sources. Thus, in 2000, the NIGG Foundation was formed to aid with fundraising efforts. As a not-for-profit organization and registered charity, the Foundation supports and develops programs and services to meet the growing needs of the Village seniors.

### Goals

- To identify fundraising opportunities that are not routinely funded by government, i.e. capital improvements, amenities
- To conduct fundraising with the purpose of enhancing the quality of life for seniors
- To invest in projects which will sustain the future of Niagara Ina Grafton Gage Village
- To work with the Niagara Ina Grafton Gage Village Board of Directors, Management, and residents to prioritize fundraising needs
- To conduct annual fundraising drives to achieve our goals

### Annual Fundraising Events

- Christmas Giving Campaign
- Golf Tournament



## Independent Living

### Accommodations

- 120 rental apartments are located in "A/B" Buildings. Rent is market rent or rent geared to income (subsidized). All utilities and cable TV are included. Telephone is extra.
- 112 life lease apartments are located in "D/E" Buildings. The life lease concept allows a resident to purchase the right to occupy a particular unit without some of the responsibilities of ownership. A monthly maintenance charge applies. Telephone is extra.
- 47 life lease bungalows are located in the centre of the property. A monthly maintenance charge applies. Telephone is extra.
- Application for any of the above is made through the Administration Office at NIGGV. A Waiting List is maintained and you may be on more than one list.

### Supportive Housing



Supportive Housing is available on a 24-hour basis for residents who live independently and are eligible. Personal Support Workers provide non-medical assistance to residents

by helping them carry out everyday activities such as personal grooming and hygiene, dressing, meal preparation, housekeeping, and laundry. Respite/palliative care services are available.

### Residents' Council

Residents' Council provides a strong line of communication between residents and management. Each council meets regularly, and the executive is elected annually by the residents. Residents' Councils represent the Village:

- "A/B" Buildings
- "D" Building
- "E" Building
- Bungalows

### Village Meetings

Residents attend "town hall" Village meetings bimonthly with the Chief Executive Officer and Management Team members to discuss issues/events.

## Long-Term Care

### Accommodations

- 40 care suites in "B" Building are funded by the Ministry of Health and Long-Term Care (MOHLTC).
- Fees are preferred or basic and set by the MOHLTC.
- Each care suite is a private bed sitting room, has its own bathroom, and reflects the person living in it.
- Application is made through Community Care Access Centre - Niagara.

### Services

Caring staff (Registered Nurses, Registered Practical Nurses, and Personal Support Workers) provide quality nursing and personal care on a 24-hour basis, while maintaining residents' rights and dignity. Basic services include:

- Three meals daily with snacks between meals and at bedtime; special and therapeutic diets, including dietary supplements
- Laundry, including labelling, machine washing and drying of personal clothing
- Bedding and linen, including pillows, washcloths, and towels
- Administration of medication and assistance with activities of daily living
- Medical care from the house physician (if desired) who makes weekly rounds, is on call, and accessible to nursing staff for advice and emergencies
- Medical supplies and nursing equipment, including incontinent products
- Cleaning and upkeep of care suite; cable TV
- Trust accounts
- Activities and programs specific to LTC
- Snoezelen Room for those who require sensory stimulation or relaxation



### LTC Residents' Family Council

LTC residents and their families have a voice in how LTC runs, and meet with the Director of Resident Care bimonthly to discuss issues/events.

## Amenities

The following are located in the "B" Building:

- Dining Room: meals prepared under the guidance of a registered Dietician are served buffet style (individual meals or meal packages available)
- Library and Chapel
- Swimming Pool
- Bowling Alley
- Billiard Room
- Woodworking Room
- Auditorium



## Services

- Two hair salons ("B" and "E" Buildings)
- The Village Café
- Lewis & Krall Home Health Care retail store
- Banking and ATM
- Optician/Optomestrist
- Hearing care
- Physiotherapy
- CNIB Clinic
- Grocery bus
- Chiropractor\*
- Foot care\*
- Dry cleaning\*
- Lifeline\*, a 24-hour personal response service is available through Niagara Regional Lifeline



## Programs/Activities

- Monthly Village Social
- Card groups
- Bowling
- Snooker
- Walking Club
- Bingo
- Shuffleboard
- Exercise programs
- Sing-a-longs
- Bible study
- Activation Therapists plan special events
- Village Travel Club\* - day trips and extended trips



## Pastoral Care

The Pastoral Care Program provides a comprehensive ministry of non-denominational religious and spiritual care for residents and their families.

\* Additional charges apply

## Satellite Meal Service

NIGGV has operated a volunteer-supported Satellite Meal Service Program since 1992. Residents and community clients may take advantage of these pre-packaged, home-cooked meals, which may be purchased at The Village Café or delivered frozen for easy storage. A meal includes a meat portion; potato, pasta, or rice; vegetable; dessert; and soup (optional). The soup and dessert are packaged separately. Renal meals provide controlled protein, low sodium and potassium, and are available for those on dialysis.

## Volunteers

Volunteers are what make a community thrive. At NIGGV, there are numerous opportunities for individuals from the community and residents/family members to get involved with our diverse seniors' population, including:

- friendly visits
- recreation programs
- portering
- office duties
- pastoral care
- socials and special events
- packaging/delivering SMS meals



We strive to make our volunteers feel welcome and part of our community. As a volunteer, you can donate your energy, ideas, and time. In return, you will have opportunities to:

- develop new friendships
- take part in valuable learning opportunities
- be part of a team

## Facilities Available to the Public

- Swimming Pool rental (schedule available)
- Bowling Alley rental (schedule available)
- Auditorium/meeting room rental

## Facility Tours

Tours of Long-Term Care may be arranged through the Administration Office. Tours of "B" Building are self-guided. Proceed to the Administration Office, "B" Building (glass atrium), and ask for assistance.